

# NAVY & MARINE CORPS



## 2006 SAFETY PLANNER

MISSION FIRST... SAFETY ALWAYS



# SAFETY IS THE LEADING EDGE OF READINESS

## LEADERSHIP VIEWS ON SAFETY



GEN Robert Magnus  
Assistant Commandant of the Marine Corps

"Force preservation is part of warfighting excellence...taking care of Marines at war... and at home."



ADM Robert Willard  
Vice Chief of Naval Operations

"Risk management is not about safety at any cost, but rather about confronting the risks inherent in our business head on, and controlling them."

## READINESS MESSAGE



RADM George Mayer  
Special Assistant to  
the Chief of Naval  
Operations for Safety  
Matters/Commander,  
Naval Safety Center

We have long known that safety isn't something for special occasions. It isn't something you dust off after a mishap or before an inspection. The Navy and Marine Corps have historically been committed to achieving a mishap-free environment for our Sailors, Marines, and civilian employees. We have long realized that effective operational safety and occupational health programs are fundamental to optimizing operational efficiency, maintaining readiness, preserving our resources, and protecting our people from the daily hazards they face around the world.

Mishaps resulting from unsafe practices are tragic and unacceptable. Aside from the human

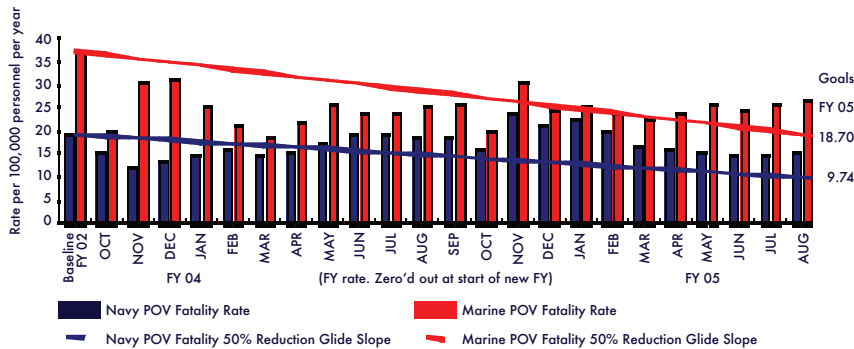
toll they exact, they waste scarce resources. Mishaps threaten combat readiness and, as such, our national security.

The Secretary of Defense has challenged the Department of the Navy to achieve a 75% mishap reduction by October 2008. The Navy and Marine Corps 2006 Safety Planner is a valuable tool in meeting this challenge. The Planner offers many new opportunities and time-tested techniques for starting and/or improving safety programs. As we all work to take full advantage of these opportunities, we will make significant progress on our road to eliminating all preventable mishaps.

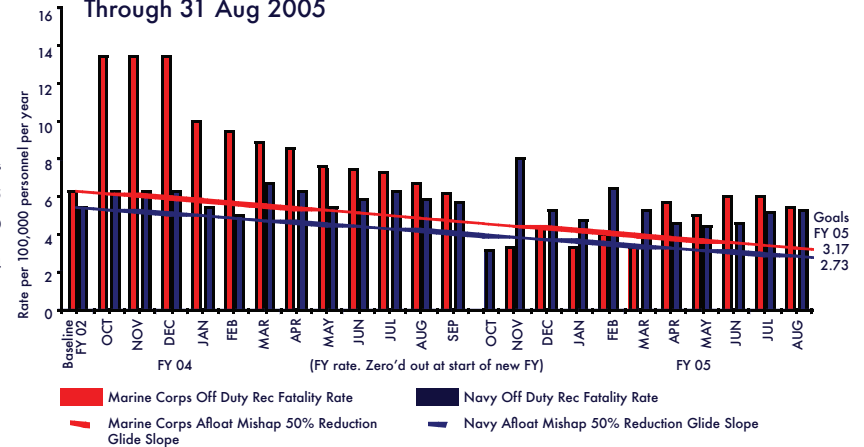
# SAFETY PERFORMANCE

## HOW SENIOR LEADERS MEASURE SAFETY PERFORMANCE

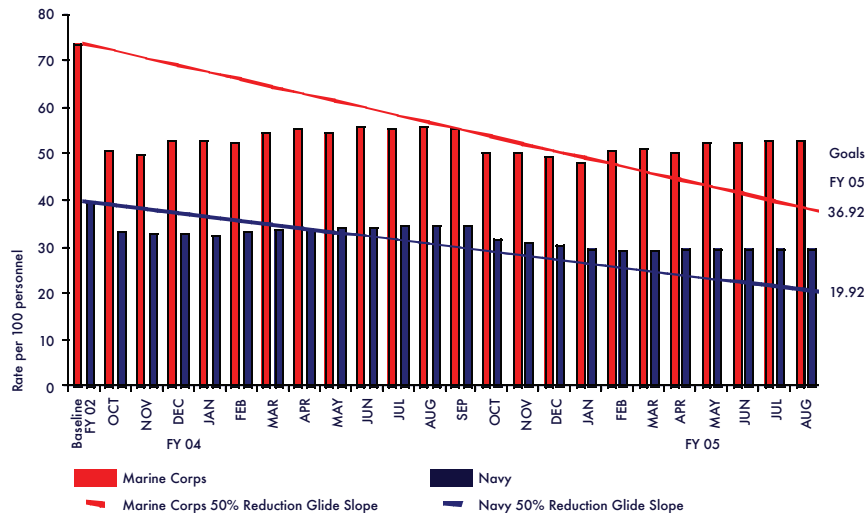
Private Motor Vehicle (PMV) Fatality Rates  
Through 31 Aug 2005



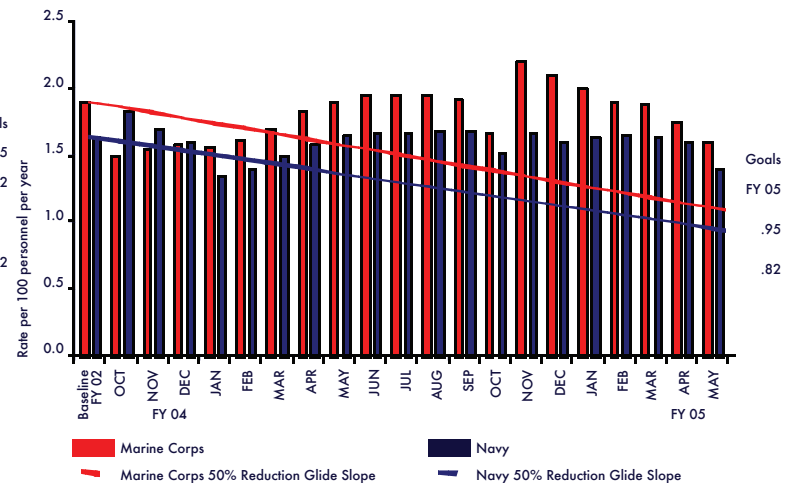
Off-Duty Recreation Fatality Rates  
Through 31 Aug 2005



Civilian Lost Day Rates



Military Lost Time Due to Injury



# JANUARY

## DEPLOYMENT SAFETY CHALLENGES

Non-combat mishaps usually cause more injuries than those directly linked to combat. Preventing injuries in combat and on deployments is critical to effectively accomplishing the mission. Deployed Navy and Marine Corps personnel need to assess risks and intensify safety measures, especially in the areas of:

- Use and maintenance of electrical equipment,
- Storage and handling of ammunition, weapons and fuel,
- Fall protection,
- Fire prevention, and
- Working aloft and over the side.

The key to success in these environments is to perform operational risk management early in planning phases and to apply relevant occupational safety and health standards.

### RESOURCES

NAVMC Dir. 5100.1, Marine Corps OSH Program Manual  
[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

OPNAVINST 5100.23 Series, NAVOSH Program Manual  
<http://neds.daps.dla.mil/Directives/table21.html>

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat  
<http://neds.daps.dla.mil/Directives/table20.html>

Naval Safety Center  
[www.safetycenter.navy.mil](http://www.safetycenter.navy.mil)



U.S. Navy photo by Photographer's Mate 3rd Class Tony Spiker

*Sailors and Marines man the rails as USS Tarawa leaves port for a Western Pacific deployment in support of Operation Iraqi Freedom.*

### SAFETY DATES

National Eye Care Month  
[www.preventblindness.org](http://www.preventblindness.org)

National Radon Action Month  
[www.nsc.org/library/facts/radon.htm](http://www.nsc.org/library/facts/radon.htm)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	NEW YEAR'S DAY 1	NEW YEAR'S DAY- FEDERAL HOLIDAY 2	3	4	5	6	7	
	8	9	10	11	12	13	14	
	MARTIN LUTHER KING JR. BIRTHDAY 15	MARTIN LUTHER KING JR. DAY- FEDERAL HOLIDAY 16	17	18	19	20	21	
	22	23	24	25	26	27	28	
	CHINESE NEW YEAR 29	30	ISLAMIC NEW YEAR 31					



# FEBRUARY

## ELECTRICAL SAFETY

Navy, Marine Corps, and contractor personnel working with electrical equipment and machinery must be protected from the risk of hazardous electric shocks. Electrical generators and power equipment may be more hazardous in deployed conditions. The Navy and Marine Corps Energy Control Programs (Lockout/Tagout) require de-energizing, placing lockout equipment on, and tagging electrical equipment out of service prior to and during maintenance. All electric lines and equipment are treated as energized unless de-energized and grounded. When working on or near energized lines and equipment, long-sleeved apparel containing no acetate, nylon, polyester, or rayon is worn. Flame-resistant or fire-resistant clothing is required when within flash protection boundaries. Some electrical tasks are too dangerous to attempt while working alone and must be accomplished by two or more workers.

### RESOURCES

NAVMC Dir. 5100.1, Marine Corps OSH Program Manual  
[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

OPNAV P-45-117-6-98, Navy Handbook, Electrical Safety Field Guide  
[www.safetycenter.navy.mil/instructions/osh/OPNAV-P-45-117-6-98.pdf](http://www.safetycenter.navy.mil/instructions/osh/OPNAV-P-45-117-6-98.pdf)

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat  
<http://neds.daps.dla.mil/Directives/table20.html>

OSHA Standards  
[www.osha.gov/pls/oshaweb/owasrch.search\\_form?p\\_doc\\_type=STANDARDS&p\\_toc\\_level=0&p\\_keyvalue=](http://www.osha.gov/pls/oshaweb/owasrch.search_form?p_doc_type=STANDARDS&p_toc_level=0&p_keyvalue=)



*Sailors conduct final electronic check prior to launching E-2C Hawkeye from flight deck of USS Harry S. Truman while deployed in support of Global War on Terrorism.*

U.S. Navy photo by Photographer's Mate Airman Apprentice Ricardo J. Reyes

### SUCCESS STORIES

Lockout/Tagout  
[www.safetycenter.navy.mil/success/stories/0080.pdf](http://www.safetycenter.navy.mil/success/stories/0080.pdf)

Shipboard Electrical Safety Program  
[www.safetycenter.navy.mil/success/stories/0105.pdf](http://www.safetycenter.navy.mil/success/stories/0105.pdf)

### Best Practices

[www.safetycenter.navy.mil/success/stories/0111.pdf](http://www.safetycenter.navy.mil/success/stories/0111.pdf)

### SAFETY DATES

American Heart Month  
[www.nsc.org/issues/heartmonth.htm](http://www.nsc.org/issues/heartmonth.htm)  
and  
[www.americanheart.org/presenter.jhtml?identifier=1200000](http://www.americanheart.org/presenter.jhtml?identifier=1200000)

Workplace Eye Safety Month  
[www.aao.org](http://www.aao.org)

12-18 National Child Passenger Safety Week  
[www.nhtsa.gov](http://www.nhtsa.gov)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
				1	GROUNDHOG DAY 2	3	4		
	5	6	7	8	9	10	11		
	LINCOLN'S BIRTHDAY 12	13	VALENTINE'S DAY 14	15	16	17	18		
	19	PRESIDENTS' DAY- FEDERAL HOLIDAY 20	21	WASHINGTON'S BIRTHDAY 22	23	24	25		
	26	27	28						

# MARCH

## HUMAN FACTORS ENGINEERING - ERGONOMICS

Human Factors Engineering and Ergonomics (HFE/E) involve designing systems and equipment that are matched to the abilities, dimensions, and limitations of the people who will operate and maintain them. HFE/E are directly linked to resolving poor designs that contribute to errors and work-related musculoskeletal disorders, or WMSDs, the fastest growing categories of occupational injuries in the Armed Forces. Workstations, equipment, and tools that are matched to the task and user help to reduce the risk of developing WMSDs by making it easier for workers to perform their jobs as well as avoiding or reducing exposure to workplace risk factors. By incorporating HFE/E at the earliest phases of planning and design in the acquisition process, the frequency and severity of WMSDs in Navy and Marine Corps workplaces can be reduced or eliminated.

### RESOURCES

#### NAVFAC (Ergonomics Page)

[https://portal.navfac.navy.mil/portal/page?\\_pageid=181,3447499,181\\_3447520&\\_dad=portal&\\_schema=PORTAL](https://portal.navfac.navy.mil/portal/page?_pageid=181,3447499,181_3447520&_dad=portal&_schema=PORTAL)

#### DoD Ergonomics Working Group

[www.ergoworkinggroup.org](http://www.ergoworkinggroup.org)

#### OPNAVINST 5100.23 Series, NAVOSH

##### Program Manual

<http://neds.daps.dla.mil/Directives/table21.html>

#### OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat

<http://neds.daps.dla.mil/Directives/table20.html>

#### Naval Safety Center Ergonomics Section

[www.safetycenter.navy.mil/osh/ergonomics/documents.htm](http://www.safetycenter.navy.mil/osh/ergonomics/documents.htm)

Acquisition Safety - HFE & Ergonomics  
[www.safetycenter.navy.mil/acquisition/ergonomics/default.htm](http://www.safetycenter.navy.mil/acquisition/ergonomics/default.htm)

### SUCCESS STORIES

The Naval Safety Center Safety Success Stories web pages contain numerous Ergonomics stories.

[www.safetycenter.navy.mil/success](http://www.safetycenter.navy.mil/success)



U.S. Navy photo by Photographer's Mate Airman Gregory A. Plett

*Aviation Ordnancemen use automated equipment to help lift missile from weapons pylon of F/A-18C Hornet on flight deck of USS Harry S. Truman during deployment in support of Global War on Terrorism.*

### SAFETY DATES

#### National Nutrition Month

[www.eatright.org/Public/](http://www.eatright.org/Public/)

#### Workplace Eye Safety Month

[www.aao.org](http://www.aao.org)

#### 2-4 Sixth International Conference on Occupational Stress & Health

[www.apa.org/pi/work/wsh2006.html](http://www.apa.org/pi/work/wsh2006.html)

#### 5-11 Save Your Vision Week

[www.aao.org](http://www.aao.org)

13-17 14th Annual Navy, Marine Corps, and Coast Guard Safety Professional Development Conference  
[www.safetycenter.navy.mil/training/pdc/default.htm](http://www.safetycenter.navy.mil/training/pdc/default.htm)

#### 18-24 Navy Environmental Health Center (NEHC) Courses & Conference

[www-nehc.med.navy.mil/wkshop06.htm](http://www-nehc.med.navy.mil/wkshop06.htm)

#### 19-25 National Poison Prevention Week

[www.cpsc.gov](http://www.cpsc.gov)

#### 27-2 April National Sleep Awareness Week

[www.sleepfoundation.org](http://www.sleepfoundation.org)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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			ASH WEDNESDAY1	2	3	4
5	6	7	8	9	10	11
12	PURIM BEGINS AT SUNSET13	14	15	16	ST. PATRICK'S DAY17	18
19	FIRST DAY OF SPRING20	21	22	23	24	25
26	27	28	29	30	31	

# APRIL

## FALL PREVENTION

Fall protection must be provided to Navy, Marine Corps, and contractor personnel when exposed to fall hazards on any elevated walking working surface with unprotected sides, edges, or openings; when working over the side; or when working aloft. Navy and Marine Corps commands are responsible for assigning fall prevention responsibilities, surveying and assessing fall hazards, providing prevention and control measures, training personnel, inspecting equipment, auditing and evaluating, properly installing and using fall protection systems, and ensuring the availability of rescue equipment with accompanying rescue procedures.

### RESOURCES

#### DON Ashore Fall Protection Guide

[www.safetycenter.navy.mil/osh/downloads/AshoreFallProtectionGuide.pdf](http://www.safetycenter.navy.mil/osh/downloads/AshoreFallProtectionGuide.pdf)

#### NAVMC Dir. 5100.1, Marine Corps OSH Program Manual

[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

#### OPNAVINST 5100.23 Series, NAVOSH Program Manual

<http://neds.daps.dla.mil/Directives/table21.html>

#### OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat

<http://neds.daps.dla.mil/Directives/table20.html>

### SUCCESS STORIES

#### Guardrails Prevent Falls

[www.safetycenter.navy.mil/success/stories/0109.pdf](http://www.safetycenter.navy.mil/success/stories/0109.pdf)

#### Eliminating Fall Hazards in Confined Space

[www.safetycenter.navy.mil/success/stories/0113.pdf](http://www.safetycenter.navy.mil/success/stories/0113.pdf)



US Navy photo

*Sailor on ship's mast tied off by rear D-ring shock absorbing lanyard connected to designed anchorage point above him. Ladder climbing device with attached snap hook connection can be seen near top of ladder on right.*

### SAFETY DATES

#### Alcohol Awareness Month

[www.ncadd.org/index.html](http://www.ncadd.org/index.html)

#### Cancer Control Month

[www.cancer.org/](http://www.cancer.org/)

#### 2 Check CO and smoke detector batteries

#### 7 World Health Day

[www.who.int/en](http://www.who.int/en)

#### 3-9 National Public Health Week

[www.apha.org](http://www.apha.org)

#### 18-20 National Occupational Research Agenda

Symposium 2006: Research Makes a Difference.

[www.cdc.gov/niosh/nora/default.html](http://www.cdc.gov/niosh/nora/default.html)

#### 30-6 May North American Occupational Safety & Health Week

[www.naosh.org/english/](http://www.naosh.org/english/)

						1			
DAYLIGHT SAVINGS TIME BEGINS	2	3	4	5	6	7	8		
PALM SUNDAY	9	10	BIRTHDAY OF MUHAMMAD	PASSOVER BEGINS AT SUNSET	12	13	GOOD FRIDAY	14	15
EASTER	16	17	18	19	20	21	EARTH DAY	22	
23									
30	24	25	26	27	28	29			

# MAY

## TRAFFIC SAFETY

Motor vehicle mishaps claim the lives of more Navy and Marine Corps personnel each year than any other type of mishap. The primary causes of motor vehicle accidents are excess speed, alcohol, and fatigue. Night driving compounds these factors, accounting for even more mishaps. The Navy and Marine Corps are actively engaged in providing traffic safety training (automobile and motorcycle) to Sailors and Marines that focuses on behavior modification. Working with industry experts, Navy and Marine Corps safety staffs are identifying high-risk behaviors, such as failure to wear seat belts, and providing commands with preemptive strategies and alternate behaviors to offer at-risk personnel.

### RESOURCES

Naval Safety Center's Motor Vehicle Division  
[www.safetycenter.navy.mil/ashore/motorvehicle/default.htm](http://www.safetycenter.navy.mil/ashore/motorvehicle/default.htm)

U.S. Marine Corps Safety Division  
[hqinet001.hqmc.usmc.mil/sd/index.htm](http://hqinet001.hqmc.usmc.mil/sd/index.htm)

National Highway Traffic Safety Administration  
[www.nhtsa.dot.gov/](http://www.nhtsa.dot.gov/)

Click It or Ticket Campaign  
[www.nsc.org/airbag.htm](http://www.nsc.org/airbag.htm)

Buckle Up America Campaign  
[www.buckleupamerica.org/](http://www.buckleupamerica.org/)

### SUCCESS STORIES

NAS Sigonella Promotes Motor Vehicle Safety  
[www.safetycenter.navy.mil/success/stories/0077.pdf](http://www.safetycenter.navy.mil/success/stories/0077.pdf)

Navy Region Hawaii Clicking In  
[www.safetycenter.navy.mil/success/stories/0116.pdf](http://www.safetycenter.navy.mil/success/stories/0116.pdf)



*Motorcycle safety instructor directs student onto course during mandatory safety training.*

USMC photo



USMC photo

*Marine buckles up before getting on the road.*

### SAFETY DATES

National Electrical Safety Month  
[www.electrical-safety.org](http://www.electrical-safety.org)

Motorcycle Safety Awareness Month  
[www.nhtsa.gov/portal/site/nhtsa/](http://www.nhtsa.gov/portal/site/nhtsa/)

30 April-6 May North American OSH Week  
[www.naosh.org/english/](http://www.naosh.org/english/)

6-13 National SAFE Kids Week  
[www.safekids.org/](http://www.safekids.org/)

7-12 DoD Injury & Unemployment Compensation Conf.  
[www.cpmis.osd.mil/icuc](http://www.cpmis.osd.mil/icuc)

13-18 Am. Industrial Hygiene Conf. & Expo 2006  
[www.aiha.org](http://www.aiha.org)

16 Seventh Annual DoD Industrial Hygiene Forum  
[www.dodforums.org/IH2006/IH2006.htm](http://www.dodforums.org/IH2006/IH2006.htm)

20-26 National Safe Boating Week  
[www.safeboatingcouncil.org/](http://www.safeboatingcouncil.org/)

22-29 Buckle Up America Week  
[www.buckleupamerica.org](http://www.buckleupamerica.org)

22-4 June Click It Or Ticket Campaign  
[www.buckleupamerica.org](http://www.buckleupamerica.org)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5	6
7	8	9	10	11	12	13	
MOTHER'S DAY 14	15	16	17	18	19	ARMED FORCES DAY 20	
21	22	23	24	25	26	27	
28	MEMORIAL DAY- FEDERAL HOLIDAY 29	30	31				



# JUNE

## RECREATION & OFF-DUTY SAFETY

The safety of Sailors and Marines is equally important whether on or off duty. Recreation and off-duty safety (RODS) is the focus each year of the Naval Safety Center's 16-week (Memorial Day through Labor Day) "Critical Days of Summer" campaign. This campaign raises awareness about traffic, recreation, and off-duty safety. Headquarters, Marine Corps has developed a RODS safety course to better equip RODS program managers in the field. The course addresses popular sports and recreational activities in the Marine Corps, including athletics programs and extreme sports activities, water safety, off-road vehicles, child, youth, and teen programs, and hobby shop hazards. The course was designed to equip RODS program managers in the field with stronger guidance to conduct more detailed inspections of existing recreational programs.

### RESOURCES

Naval Safety Center's Recreation Division  
[www.safetycenter.navy.mil/ashore/recreation/default.htm](http://www.safetycenter.navy.mil/ashore/recreation/default.htm)

OPNAVINST 5100.25 Series, Navy Recreation, Athletics and Home Safety Program  
[http://neds.daps.dla.mil/Directives/5100\\_25a.pdf](http://neds.daps.dla.mil/Directives/5100_25a.pdf)

MCO 5100.30 Series, Marine Corps Off-Duty and Recreation Safety Program  
[www.safetycenter.navy.mil/instructions/ashore/510030A.doc](http://www.safetycenter.navy.mil/instructions/ashore/510030A.doc)

MCO P1700.29, Marine Corps Semper Fit Program Manual  
[usmilitary.about.com/library/milinfo/marinereg/blmco1700-29.htm](http://usmilitary.about.com/library/milinfo/marinereg/blmco1700-29.htm)

### SUCCESS STORIES

Navy Manages Risk of Carbon Monoxide Poisoning in Base Housing  
[www.safetycenter.navy.mil/success/stories/0119.pdf](http://www.safetycenter.navy.mil/success/stories/0119.pdf)

Pearl Harbor's Smart Center Returns the Fleet to Readiness  
<http://www.safetycenter.navy.mil/success/stories/0056.pdf>



US Navy photo

*Sailor stretches before participating in physical activity.*



U.S. Navy photo by Photographer's Mate Airman Erica Teitler

*Sailors play volleyball during aircraft carrier USS John F Kennedy port visit while supporting Operation Iraqi Freedom.*

### SAFETY DATES

National Safety Month  
[www.nsc.org](http://www.nsc.org)

1-4 Click It Or Ticket Campaign (final week)  
[www.buckleupamerica.org](http://www.buckleupamerica.org)

11-14 American Society of Safety Engineers (ASSE)  
Annual Conference & Expo  
[www.asse.org/annual\\_conf\\_frameset.html](http://www.asse.org/annual_conf_frameset.html)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1	2	3	
	4	5	6	7	8	9	10	
	11	12	13	14 FLAG DAY	15	16	17	
	FATHER'S DAY 18	19	20	FIRST DAY OF SUMMER 21	22	23	24	
	25	26	27	28	29	30		

# JULY

## HEAT STRESS

Significant heat and high humidity exposures can increase fatigue and decrease comfort, mental acuity, productivity, and efficiency. Severe heat stress can lead to heat-related illnesses, disabilities, and even death. Controlling heat stress is very important for mission readiness, health, and safety. When it is not possible to reduce the body's heat load by engineering controls like ventilation and shielding, Navy, Marine Corps, and government contractor personnel are protected through use of a work/rest regimen and personal cooling and hydration aids.

### RESOURCES

MCO 6200.1 Series, Marine Corps Heat Injury Prevention Program  
[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

OPNAVINST 5100.23 Series, NAVOSH Program Manual  
<http://neds.daps.dla.mil/Directives/table21.html>

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat  
<http://neds.daps.dla.mil/Directives/table20.html>

Centers for Disease Control and Prevention "Tips for Preventing Heat-Related Illness"  
[www.bt.cdc.gov/disasters/extremeheat/heattips.asp](http://www.bt.cdc.gov/disasters/extremeheat/heattips.asp)

National Library of Medicine/National Institutes of Health heat emergencies  
[www.nlm.nih.gov/medlineplus/ency/article/000056.htm](http://www.nlm.nih.gov/medlineplus/ency/article/000056.htm)

Acquisition Safety - Heat Stress  
[www.safetycenter.navy.mil/acquisition/heatstress/default.htm](http://www.safetycenter.navy.mil/acquisition/heatstress/default.htm)

### SUCCESS STORIES

Shipboard Heat Stress Monitoring  
<http://www.safetycenter.navy.mil/success/stories/0033.pdf>

Preventing Heat Stress Afloat  
<http://www.safetycenter.navy.mil/success/stories/0020.pdf>

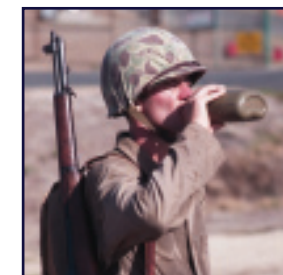


Storekeeper Seaman signals Landing Craft Air Cushion at naval base in Kuwait supporting Operation Iraqi Freedom.



US Navy photo

Automated Heat Stress Monitor (AHSS) can be used to measure heat stress levels, safe length of work shift, and recovery times.



USMC photo

Hydration is important in heat stress conditions.

### SAFETY DATES

UV Safety Month  
[www.aao.org](http://www.aao.org)

Eye Injury Prevention Month  
[www.aao.org](http://www.aao.org)

31-4 August 24th International System Safety Conference  
[www.system-safety.org/~issc\\_2006/conf2006-intro.htm](http://www.system-safety.org/~issc_2006/conf2006-intro.htm)

						1
2	3	INDEPENDENCE DAY- FEDERAL HOLIDAY 4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24					
30	31	25	26	27	28	29

# AUGUST

## EXPLOSIVES SAFETY

In Iraq and Afghanistan, Navy and Marine Corps explosives ordnance disposal (EOD) technicians work to neutralize enemy explosive ordnance that presents a threat to operations, installations, personnel, and material. When troops encounter unfamiliar explosive devices, EOD technicians respond quickly to study their inner workings and develop procedures to defuse or prevent them from detonating. Stateside, EOD technicians work to provide safety on and around Navy and Marine Corps installations.

### RESOURCES

OPNAVINST 8027.1G/MCO 8027.1D Interservice Responsibilities for Explosive Ordnance Disposal  
<http://neds.daps.dla.mil/Directives/8027g1.pdf>

NAVSEA OP-5, Ammunition and Explosives Ashore, Safety  
<http://nll.ahf.nmci.navy.mil/>

Naval Ordnance Safety and Security Activity (NOSSA)  
[www.nossa.navsea.navy.mil/](http://www.nossa.navsea.navy.mil/)

Available to .mil: <https://intranet.nossa.navsea.navy.mil>

Naval Safety Center Explosives Division  
[www.safetycenter.navy.mil/ashore/explosives/default.htm](http://www.safetycenter.navy.mil/ashore/explosives/default.htm)

Ordnance Environmental Support Office (OESO)  
[www.nossa.navsea.navy.mil/OESO.asp](http://www.nossa.navsea.navy.mil/OESO.asp)

Naval EOD Technical Division  
<https://naveodtechdiv.navsea.navy.mil/>



Senior explosive ordnance technician, wearing bomb suit, examines ground ordnance sent to Quantico's EOD team from troops in Iraq.

USMC photo



U.S. Marine Corps photo by Cpl. Trevor R. Giff

Ammunition recovered by Marines during Security and Stabilization Operation in support of Operation Iraqi Freedom.

### SAFETY DATES

28-31 22nd Annual National Voluntary Protection Program Participants' Association (VPPPA) Conference  
[www.vpppa.org/index.cfm](http://www.vpppa.org/index.cfm)

31 July – 4 August International System Safety Conference  
[www.system-safety.org/~issc\\_2006/conf2006-intro.htm](http://www.system-safety.org/~issc_2006/conf2006-intro.htm)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

# SEPTEMBER

## INDUSTRIAL & INSTALLATION SAFETY

Navy and Marine Corps shore activities include both installation and industrial operations. Shore activities can establish world-class safety programs through:

- Safety policy statement signed and published by the commanding officer,
- Work centers regularly inspected by safety trained personnel,
- Comprehensive safety training provided to supervisors,
- All personnel encouraged to report mishaps, close calls, hazards, and deficiencies to their supervisors or safety representatives,
- Identification/evaluation/abatement of safety hazards and deficiencies,
- Written installation instruction, Statement of Requirements, or job hazard analyses that address identified hazards and deficiencies,
- All hands receive safety training to reduce risk of injury or illness.

One way to achieve recognition as a world-class safety program is through qualification as an OSHA Voluntary Protection Program (VPP) Star site.

### RESOURCES

OPNAVINST 5100.23 Series, NAVOSH Program Manual  
<http://neds.daps.dla.mil/Directives/table21.html>

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat  
<http://neds.daps.dla.mil/Directives/table20.html>

OSHA VPP  
[www.osha.gov/dcsp/vpp/](http://www.osha.gov/dcsp/vpp/)

VPP Eligibility Checklist  
[www.osha.gov/dcsp/vpp/vppflyer.pdf](http://www.osha.gov/dcsp/vpp/vppflyer.pdf)

VPP Information Kit  
[www.osha.gov/dcsp/vpp/VPP\\_Kit.pdf](http://www.osha.gov/dcsp/vpp/VPP_Kit.pdf)

VPP Application Info.  
[www.osha.gov/OshDoc/Directive\\_pdf/TED\\_8\\_4.pdf](http://www.osha.gov/OshDoc/Directive_pdf/TED_8_4.pdf)

### SUCCESS STORIES

Portsmouth Naval Shipyard Achieves VPP Star Status  
[www.safetycenter.navy.mil/success](http://www.safetycenter.navy.mil/success)



US Navy photo

Speakers at the VPP "Star" Celebration – Portsmouth Naval Shipyard 25 March 2005 - (l to r) CAPT Kevin McCoy, Asst. Deputy Commander of Industrial Operations, NAVSEA; Congressman Jeb Bradley, NH; Congressman Tom Allen, ME; Mr. Paul O'Connor, Pres. Federal Employees Metal Trades Council; CAPT Jonathan Iverson, Commander PNS; Mr. Jonathan Snare, Acting Asst. Secy. Of Labor OSH; Ms. Marthe Kent, Regn'l. Admin., OSHA; Ms. Connie DeWitte, DASN(Safety); VADM Phillip Balisle, Commander NAVSEA.

### SAFETY DATES

Children's Eye Health & Safety Month  
[www.aaio.org](http://www.aaio.org)

Baby Safety Month  
[www.jpma.org/](http://www.jpma.org/)

National Alcohol & Drug Addiction Recovery Month  
[www.recoverymonth.gov](http://www.recoverymonth.gov)

30 Family Health & Fitness Day  
[www.fitnessday.com/family](http://www.fitnessday.com/family)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1	2
	3	LABOR DAY- FEDERAL HOLIDAY 4	5	6	7	8	9
	10	PATRIOT DAY 11	12	13	14	15	16
	17	18	19	20	21	FIRST DAY OF FALL ROSH HASHANAH BEGINS AT SUNSET 22	23
RAMADAN BEGINS 24	25	26	27	28	29	30	

# OCTOBER

## HEARING READINESS

Occupational hearing loss has human, economic, and readiness impacts. Loss of ability to communicate due to hearing loss is often accompanied by social isolation. In the workplace, hearing loss can mean inability to respond to warning signals. A noisy work environment can result in missed verbal commands. Both circumstances may result in mishaps with dire consequences to personnel and equipment. Sailors and Marines achieve hearing readiness through effective training and by wearing state-of-the-art hearing protective devices. The Navy and Marine Corps are taking a total system approach to noise reduction. They are using a variety of technical and operational solutions for continuing research into, and the design, acquisition, and maintenance of quieter systems and equipment.

### RESOURCES

DOL/OSHA – “Noise Control - A guide for workers and employers”  
[www.nonoise.org/hearing/noisecon/noisecon.htm](http://www.nonoise.org/hearing/noisecon/noisecon.htm)

MC Order 6260.1 Series, Marine Corps Hearing Conservation Program  
[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

OPNAVINST 5100.23 Series, NAVOSH Program Manual  
<http://neds.daps.dla.mil/Directives/table21.html>

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat  
<http://neds.daps.dla.mil/Directives/table20.html>

Acquisition Safety, Noise, Naval Safety Center Website  
[www.safetycenter.navy.mil/acquisition/noise/default-new.htm](http://www.safetycenter.navy.mil/acquisition/noise/default-new.htm)

### SUCCESS STORIES

Hearing Conservation Training Linked to Audiometric Testing  
[www.safetycenter.navy.mil/success/stories/0040.pdf](http://www.safetycenter.navy.mil/success/stories/0040.pdf)

Noise Abatement Design  
[www.safetycenter.navy.mil/success/stories/0032.pdf](http://www.safetycenter.navy.mil/success/stories/0032.pdf)



USMC photo

Combat Arms Ear Plug—two-sided hearing protection. Drab green side for steady-state protection; yellow side for normal conversation plus impulse protection.



U.S. Navy photo by Photographer's Mate Airman Kristopher Wilson

Sailors wear hearing protection for live-fire small arms qualification aboard USS Harry S. Truman.

### SAFETY DATES

Children's Health Month  
[www.childrenshealth.gov](http://www.childrenshealth.gov)

2-6 Drive Safely to Work Week  
[www.trafficsafety.org](http://www.trafficsafety.org)

8-14 National Fire Prevention Week  
[www.nfpa.org](http://www.nfpa.org)  
[www.firepreventionweek.org](http://www.firepreventionweek.org)

29 Check CO & Smoke Detector Batteries

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	YOM KIPPUR BEGINS AT SUNSET 1	2	3	4	5	6	7	
	8	COLUMBUS DAY- FEDERAL HOLIDAY 9	10	11	COLUMBUS DAY 12	U.S. NAVY BIRTHDAY 13	14	
	15	16	17	18	19	20	20	
	22	23	RAMADAN ENDS 24	25	26	27	28	
	DAYLIGHT SAVINGS TIME ENDS 29	30	HALLOWEEN 31					



# NOVEMBER

## WEIGHT HANDLING

A safe and reliable Navy and Marine Corps weight handling equipment program is an essential enabler for Fleet readiness. Each weight handling equipment mishap diminishes support to the Fleet. Commanding officers of Navy and Marine Corps shore activities are strongly encouraged to intensify their efforts to raise the level of safety awareness in their weight handling equipment operations, to incorporate the principles of operational risk management in the planning and preparation of all lifts, and to continue to strive for the goal of zero mishaps.

### RESOURCES

Navy Crane Center website

[https://portal.navfac.navy.mil/portal/page?\\_pageid=181\\_3457291,181\\_3457306:181\\_3457313&\\_dad=portal&\\_schema=PORTAL](https://portal.navfac.navy.mil/portal/page?_pageid=181_3457291,181_3457306:181_3457313&_dad=portal&_schema=PORTAL)

NAVMC Dir. 5100.1, Marine Corps OSH Program Manual

[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

OPNAVINST 5100.23 Series, NAVOSH Program Manual

<http://neds.daps.dla.mil/Directives/table21.html>

OPNAVINST 5100.19 Series, NAVOSH Program Manual for Forces Afloat

<http://neds.daps.dla.mil/Directives/table20.html>

### SUCCESS STORIES

Abated Crane Tipping Hazard

[www.safetycenter.navy.mil/success/stories/0005.pdf](http://www.safetycenter.navy.mil/success/stories/0005.pdf)



Photo courtesy of Navy Crane Center

Crane team at Bayview, ID safely lifts a submarine model LSV2, Cutthroat using two 110 metric ton bridge cranes.

### SAFETY DATES

Winter Safety Awareness

[www.nws.noaa.gov/om/winter](http://www.nws.noaa.gov/om/winter)

National Epilepsy Month

[www.epilepsyfoundation.org/](http://www.epilepsyfoundation.org/)

National Diabetes Awareness Month

[www.diabetes.org/home.jsp](http://www.diabetes.org/home.jsp)

National Alzheimer's Disease Awareness Month

[www.alz.org/](http://www.alz.org/)

3-10 94th National Safety Council/Federal Safety & Health Congress Conference & Expo

[www.eshow2000.com/nsc/splash.htm](http://www.eshow2000.com/nsc/splash.htm)

6 Great American Smokeout

[www.cancer.org/](http://www.cancer.org/)

SUNDAY			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2	3	4
5	6	ELECTION DAY	7	8	9	U.S. MARINE CORPS BIRTHDAY	VETERANS' DAY - FEDERAL HOLIDAY	VETERANS' DAY
12	13	14	15	16	17	18	19	20
26	27	28	29	30	THANKSGIVING - FEDERAL HOLIDAY	23	24	25

# DECEMBER

## TACTICAL VEHICLE SAFETY

Protective gear, such as Kevlar helmets, body armor and up-armored vehicles, continue to prove effective in saving Navy and Marines Corps lives in the current combat environment. Up-armored vehicle training is being conducted before deployment, such as at the combined arms exercise (CAX) mobile assault course where mounted infantry operations are emphasized and vehicles are configured with mock armor to prepare Marines for the changes in the vehicle's weight, sight lines and general responsiveness.

### RESOURCES

MCO 3500.27 Series, Operational Risk Management  
[www.usmc.mil/directiv.nsf/web+orders](http://www.usmc.mil/directiv.nsf/web+orders)

MCRP 4-11.3F, Convoy Operations Handbook  
[www.doctrine.usmc.mil/signpubs/r4113f.pdf](http://www.doctrine.usmc.mil/signpubs/r4113f.pdf)

OPNAVINST 5100.12 Series, Navy Traffic Safety Program  
[http://neds.daps.dla.mil/Directives/5100\\_12g.pdf](http://neds.daps.dla.mil/Directives/5100_12g.pdf)



U.S. Navy photo by Photographer's Mate 2nd Class Prince A. Hughes III

*Marines tread along the shoreline in Amphibious Assault Vehicles during an amphibious training exercise.*

### SAFETY DATES

National Drunk & Drugged Driving Prevention Month  
[www.nhtsa.gov](http://www.nhtsa.gov)  
[www.nhtsa.dot.gov/people/injury/alcohol/StopImpaired/HolidayPlanner/index.htm](http://www.nhtsa.dot.gov/people/injury/alcohol/StopImpaired/HolidayPlanner/index.htm)

Safe Toys & Celebrations Month  
[www.nsc.org](http://www.nsc.org)

1 World AIDS Day  
[www.unaids.org/en/default.asp](http://www.unaids.org/en/default.asp)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	HANUKKAH BEGINS AT SUNSET15	16
17	18	19	20	FIRST DAY OF WINTER21	22	23
24						
NEW YEAR'S EVE31	CHRISTMAS- FEDERAL HOLIDAY25	KWANZAA BEGINS26	27	28	29	30

# GUIDING PRINCIPLES

**DON CORE VALUES, HONOR, COURAGE, & COMMITMENT, GUIDE OUR ACTIONS**

- We think corporately for the good of the Department of the Navy, Department of Defense, and the nation.
- We have a passion for safety.
- We create an environment to attract and retain the best people.
- We promote communication to enhance safety.
- We promote integrating safety and risk management into every action taken and every decision made – every day, all day.
- We are a synergistic team built on diverse individual strengths.
- We create coalitions for safety.
- We focus on achieving our goals.
- We are forward looking, innovative, and quick to react.
- Our bottom line is the safety of our Sailors, Marines and civilian employees, as well as the preservation of resources to ensure Naval readiness.



# WEBSITES RELATED TO SAFETY & OCCUPATIONAL HEALTH

## NAVY AND MARINE CORPS SITES

BUMED (Bureau of Medicine & Surgery)  
<http://navymedicine.med.navy.mil/default.cfm>

CNI (Commander, Navy Installations)  
<http://www.cni.navy.mil>

Marine Corps Publications  
<http://www.usmc.mil/directiv.nsf/web+orders>

NAVFAC (Naval Facilities Engineering Command)  
[https://portal.navfac.navy.mil/portal/page?\\_pageid=181.1&\\_dad=portal&\\_schema=PORTAL](https://portal.navfac.navy.mil/portal/page?_pageid=181.1&_dad=portal&_schema=PORTAL)

NAVOSHENVTRACEN (Naval Occupational Safety & Health, & Environmental Training Center)  
<http://www.safetycenter.navy.mil/training/default.htm>

NAVSAFECEN (Naval Safety Center)  
<http://safetycenter.navy.mil/>

NAVSEA (Naval Sea Systems Command)  
<http://www.navsea.navy.mil/>

Navy Directives  
<http://neds.daps.dla.mil/>

NEHC (Navy Environmental Health Center)  
<http://www-nehc.med.navy.mil/>

NETC (Naval Education & Training Command)  
<https://www.cnet.navy.mil/>

NFESC (Naval Facilities Engineering Service Center)  
<http://enviro.nfesc.navy.mil/esc425/NOSHARBR.htm>

NOI (Navy Office of Information)  
<http://www.chinfo.navy.mil/>

USMC (United States Marine Corps)  
<http://hqinet001.hqmc.usmc.mil/sd/index.htm>

## OTHER GOVERNMENT SITES

AFIOH (Air Force Institute for Operational Health)  
<http://www.brooks.af.mil/afioh/>

Air Force Safety Center  
<http://afsafety.af.mil/>

Army CHPPM (Center for Health Promotion & Preventive Medicine)  
<http://chppm-www.apgea.army.mil/>

Army Safety  
<https://safety.army.mil/home.html>

Canadian Centre for Occupational Health & Safety  
<http://www.ccohs.ca/>

CDC (Centers for Disease Control)  
<http://www.cdc.gov>

Chemical Safety & Hazard Investigation Board  
<http://www.chemsafety.gov>

Defense Acquisition Deskbook  
<http://web2.deskbook.osd.mil/default.asp>

DoD (Department of Defense) Acquisition Safety (Password required)  
<http://www.denix.osd.mil/denix/DOD/Working/System-safety/system-safety.html>

DoD Acquisition (Systems Engineering)  
<http://www.acq.osd.mil/ds/se/index.html>

DoD DENIX  
<http://www.denix.osd.mil/>

DoD Injury & Unemployment Compensation  
<http://www.cpms.osd.mil/icuc/>

DoD Lost Workday Website (military access only)  
<http://www.shelflife.hq.dla.mil/>

DoD Policies on the Web  
<http://dodssp.daps.dla.mil/>

DoD Shelf Life Program  
<http://www.dmdc.osd.mil/ltwi/>

DOE (Department of Energy)  
<http://www.energy.gov/engine/content.do>

DOT (Department of Transportation) (Hazardous Materials Safety)  
<http://hazmat.dot.gov/>

EPA (Environmental Protection Agency)  
<http://www.epa.gov>

Federal Register Online  
<http://www.gpoaccess.gov/fr/index.html>

FEMA (Federal Emergency Management Agency)  
<http://www.fema.gov/>

GPO (Government Printing Office) Access to Government Documents  
<http://www.gpoaccess.gov/databases.html>

HMIRS (Hazardous Materials Information Resource System) Online  
<http://www.dlis.dla.mil/hmirs/default.asp>

HTIS (Hazardous Technical Information Services)  
<http://www.dscr.dla.mil/userweb/htis/htis.htm>

HUD (Housing and Urban Development)  
<http://www.hud.gov/>

NHTSA (National Highway Traffic Safety Administration)  
<http://www.nhtsa.dot.gov/>

NIEHS WETP (National Institute of Environmental Health Sciences Worker Training & Education Program)  
<http://www.wetp.org/wetp/>

NIH (National Institutes of Health) Library of Medicine  
<http://www.nlm.nih.gov/>

NIOSH (National Institute for Occupational Safety & Health)  
<http://www.cdc.gov/niosh>

NIOSH FACE (Fatality Assessment & Control Evaluation) Program  
<http://www.cdc.gov/niosh/face>

OSHA (Occupational Safety & Health Administration)  
<http://www.osha.gov>

## OTHER SAFETY & OCCUPATIONAL HEALTH SITES

AOHN (American Association of Occupational Health Nurses)  
<http://www.aohn.org>

ABIH (American Board of Industrial Hygiene)  
<http://www.abih.org>

American Chemical Society  
<http://www.acs.org>

ACGIH (American Conference of Governmental Industrial Hygienists)  
<http://www.acgih.org/>

AIHA (American Industrial Hygiene Association)  
<http://www.aiha.org>

ANSI (American National Standards Institute)  
<http://www.ansi.org>

ASSE (American Society of Safety Engineers)  
<http://www.asse.org>

BCSP (Board of Certified Safety Professionals)  
<http://www.bcsp.org/>

Center to Protect Workers' Rights  
<http://www.cpwr.com>

Duke University Occupational Medicine  
<http://gilligan.mc.duke.edu/oem/>

IEA (International Ergonomics Association)  
<http://www.iea.cc/>

ILO (International Labor Organization)  
<http://www.ilo.org/public/english/protection/safework/cis/>

ISO (International Organization for Standardization)  
<http://www.iso.ch/iso/en/ISOOnline.openerspage>

NFPA (National Fire Protection Association)  
<http://www.nfpa.org/Home/index.asp>

NSC (National Safety Council)  
<http://www.nsc.org>

Safety Information on the Internet  
<http://www.siri.org>

SAFETYLINK  
<http://www.safetylink.com>

System Safety Society  
<http://www.system-safety.org>

WHO (World Health Organization)  
<http://www.who.int/home-page/>



# 2006 CALENDAR

## JANUARY

S	M	T	W	R	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## FEBRUARY

S	M	T	W	R	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

## MARCH

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## APRIL

S	M	T	W	R	F	S
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2	3	4	5	6	7	8
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23 <sup>30</sup>	24	25	26	27	28	29

## MAY

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## JUNE

S	M	T	W	R	F	S
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25	26	27	28	29	30	

## JULY

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23 <sup>30</sup>	24 <sup>31</sup>	25	26	27	28	29

## AUGUST

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13	14	15	16	17	18	19
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## SEPTEMBER

S	M	T	W	R	F	S
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

## OCTOBER

S	M	T	W	R	F	S
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29	30	31				

## NOVEMBER

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26	27	28	29	30		

## DECEMBER

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16	17	18	19	20	21	22
23	24 <sup>31</sup>	25	26	27	28	29

# 2007 CALENDAR

## JANUARY

S	M	T	W	R	F	S
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## FEBRUARY

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## MARCH

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## APRIL

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29	30					

## MAY

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## JUNE

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## JULY

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## AUGUST

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## SEPTEMBER

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## OCTOBER

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28	29	30	31			

## NOVEMBER

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## DECEMBER

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

# ENSURING THEIR SAFE RETURN



U.S. Navy photo



USMC photo

Chief of Naval Operations  
Office of Special Assistant for Safety  
2511 Jefferson Davis Hwy.  
Suite 7400  
Arlington, VA 22202-3906  
(703) 604-5434

Headquarters, United States Marine Corps  
Safety Division  
2 Navy Annex, Room 2122  
Washington DC 20380-1775  
(703) 614-1202

Naval Safety Center  
375 A St.  
Norfolk, VA 23511-4399  
(757) 444-3520



The Navy & Marine Corps 2006 Safety Planner with active web links and feedback form can be found online at [www.safetycenter.navy.mil](http://www.safetycenter.navy.mil)